

# "LIFE IS ART" NEWS

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LIFEART PROSTHETICS INC.  
[WWW.LIFEART.CA](http://WWW.LIFEART.CA)

Issue 3

Breast Form Legislation Introduced! Take A Look [Here](#)



## Words of Wisdom

**CELEBRATE WHAT YOU'VE  
ACCOMPLISHED, BUT RAISE THE  
BAR A LITTLE HIGHER EVERY  
TIME YOU SUCCEED**

-  
MIA HAMM

## Laugh Therapy



## Elements of a "Good" Prosthesis

There are several elements involved and each one is equally important.

**Fit:** A "good" prosthesis should fit in a natural and comfortable way. It should be secure and not shift or twist.

**Function:** A "good" prosthesis should be designed in such a way that it restores as much function as possible. With a finger prosthesis, restoring length and improving grasping ability are important.

**Aesthetics:** A "good" prosthesis should look and feel natural. The prosthesis should be easily integrated into the person's body image. In some cases the prosthesis should reflect the personality of the wearer; for example when a custom tattoo is incorporated in the design.

**Client Input:** It is important that the Prosthetist and the client work together to design the prosthesis. In this way, the wearer finds it easier to make the prosthesis their own.

## How Body Changes Can Affect Prostheses

Many factors affect the fit of a prosthesis. The most common one is when someone has a significant weight change. Adjustments can often be made to a prosthesis to restore a comfortable fit however it also depends on what part of the body the prosthesis is for. Another factor that sometimes occurs is body shrinkage after getting a new prosthesis. This is evident with finger prostheses because the snug fitting prosthesis promotes circulation and shrinkage. Since fingers don't actually have a lot of residual tissue, shrinkage is not a cause for great concern. In all cases though, it is wise to speak with your prosthetist regarding body changes. They can help you make sure you have an optimal fit.

## I've always wanted to know...

### WILL MY PROSTHESIS CHANGE OVER TIME?

Your prosthesis will be made out of 100% silicone which is a very stable material that will not shrink or change form. However, if your prosthesis is exposed to ultra violet sunlight for a long period of time it may cause changes in color.

For interesting articles and resources on all kinds of prosthetics go to [oandp.com](http://oandp.com)

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