

"LIFE IS ART" NEWS

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LIFEART PROSTHETICS INC.

Issue 7

WWW.LIFEART.CA

Come and see us at the World Conference on Breast Cancer! www.wcbcf.ca

Words of Wisdom

**ALWAYS WHEN JUDGING
WHO PEOPLE ARE,
REMEMBER TO FOOTNOTE
THE WORDS "SO FAR."
~ROBERT BRAULT,
WWW.ROBERTBRAULT.COM**

Artist's Corner

A Tip For New Artists

When starting out, don't feel that you need to work with pencils or certain types of paint. Try different mediums, and find something you like or that suits you. For example, I'm a person who took to Watercolor paints right away, but I'm not very fond of Acrylics. Experiment with different mediums and also different styles of art, you might just discover something new about yourself, too!

Examples of some different mediums: Pens, Pencils, Crayons, Markers, Pastels, Acrylic paints, Oil paints, Watercolor Paints, Digital art, Fabrics, Sculpting (with all sorts of things), and many, many more.

Visit the [Art Instruction Blog](#) for more great tips!

Advocate For Change

If you are interested in promoting positive change, join the Canadian Breast Cancer Network (CBCN) and become a survivor advocate. As a Survivor Advocate you have the opportunity to participate in special workshops, teleconferences, and Webinars about breast cancer issues, skill development, and advocacy.

For more information please contact Ashley MacIssac-Butler at:

amacissac-butler@cbcn.ca or 1-800-685-8820 ext 221.



Laugh Therapy

The Mommy Test

I was out walking with my then 4 year old daughter. She picked up something off the ground and started to put it in her mouth.

I asked her not to do that.

"Why? "

"Because it's been laying outside and it is dirty and probably has germs."

At this point, she looked at me with total admiration and asked,

"Wow! How do you know all this stuff?"

"Uh," I was thinking quickly, "...all moms knows this stuff. Um, it's on the Mommy Test. You have to know it, or they don't let you be a Mommy."

We walked along in silence for 2 or 3 minutes, but she was evidently pondering this new information.

"OH...I get it!" she beamed.

"So if you flunk, you have to be the Daddy."